



A Letter From The Directors

Dear Winadu Parents,

Before we say anything else, we want to thank all of our Winadu families for your outpouring of love and support. It is helping us get through the most difficult experience of our lives. The compassion and love that we have felt from all of you has helped us immeasurably to get through these first very difficult days. We also want you to know that our counselors and key staff have stepped up with grace and sensitivity to help our Winadu boys.

As we go through this process, we are keeping a close eye on each one of your children. In Ethan's spirit of kindness and enthusiasm, we are slowly and successfully returning to a happy and healthy camp routine. Just to reassure you, on-going support is in place for all campers and staff.

With Visiting Day just around the corner, inside you will find all of the information you need to ensure an enjoyable visit at camp with your son(s.) Saturday, July 15th is the day and we look forward to seeing you. This year on Visiting Day, we urge you to spend the entire day at camp enjoying your son's experience and the many fun, interactive activities we have planned.

The campus looks great! The fields are green; the newly surfaced tennis courts are getting lots of play; the new basketball backboards and nets are fantastic; the new elements at the skateboard park are a huge hit with the kids, and the campers are very comfortable in the newly renovated bunks. But, the best part of camp, by far, is hearing the sound of our campers' laughter and knowing that the boys are thoroughly enjoying everything that Winadu has to offer.

We hope you enjoy this issue of the Bugle, and we can't wait to see everyone at camp on July 15th! Thanks so much for everything.

With Much Love, *Shelley and Arleen*

VISITING DAY AT-A-GLANCE

SATURDAY, JULY 15, 2006

9:00 am - 9:15 am	Parents Arrive / Check-in
9:30 am	Parents Enter Camp
9:30 am - 11:00 am	1st Activity Period
11:00 am - 12:00 noon	Visit Bunks / Meet Counselors
12:00 noon - 1:30 pm	Lunch and Rest Hour
1:45 pm - 4:15 pm	Afternoon Activities
4:30 pm	Parents Depart Camp



E3 Sports at Winadu!

E3 Sports offers an exciting new approach to sports training for children and adult athletes, combining the core principles of coaching, strength and physical fitness development, and mental and cognitive strength. Every E3 program is specific to each athlete, and is tailored to meet his individual needs. By instilling confidence and professionalism in athletes, E3 prepares them to succeed in all aspects of society.

During pre-camp staff orientation, E3 ran a training program for counselors and key staff. E3 will return to camp the day before visiting day to provide further training for Winadu's coaches, to teach them the best ways, both physically and psychologically, to prepare kids for a game. For more information, feel free to visit the E3 web site: www.e3sports.com.

PARENTS:

CHECK OUT E3SPORTS ON VISITING DAY!

How fit are your kids? How fit are you? Find out by stopping by the E3Sports Training area during our afternoon Sports Carnival on Visiting Day. Kids and parents will be measured in fun sporting activities testing speed, power and strength. All participants will receive a gift just for trying one of the activities. E3Sports world-class instructors will also be demonstrating their state-of-the-art FitKitsm. This kit contains take-home equipment that will help your child to become faster, quicker and stronger and will reduce risk of athletic injuries. Learn to train like the pros at the E3Sports booth!

VISITING DAY PROGRAM DETAILS

Saturday, July 15, 2006

ARRIVAL AT CAMP

Parent visiting day begins at 9:30 a.m. Parents may arrive at camp between 9:00 and 9:15 a.m. You will be directed to parking. (Note: transportation will be available for handicapped or those needing assistance.) Upon arrival at camp, parents should go directly to the tent at the front entrance and check in.



You will be handed a schedule for the day and a map showing where you can find your son in his first period activity. Parents will not be permitted to enter camp until 9:30 a.m.

SCHEDULE OF ACTIVITIES

Parents are expected to meet your son in his first period activity. The campus map will indicate where your child's activity is taking place. First period activities by group are as follows:

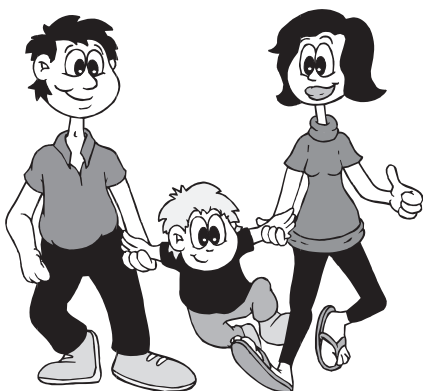
Braves & Pioneers: Soccer League Game

Lower & Upper Hornets: Little League Baseball Game

Lower & Upper Warriors: NCAA & NIT Basketball Game

Olympians: Olympian Campus

After first period, parents are encouraged to visit their son(s) bunk and meet his bunkmates and counselors. Group leaders will be circulating among the bunks and will try to meet as many of you as possible.



SATURDAY LUNCH



We invite all campers and their families to join us for a delicious lunch prepared by Chef Jerry Charson. Lunch will be served buffet style, with salad and pasta bars, grilled chicken, hamburgers, hot dogs, freshly baked goods, fresh fruit and a dessert bar. Families often enjoy picnicking outside on the main quad lawn. Saturday lunch also provides an excellent opportunity to visit with your son's bunk counselors and favorite coaches, all of whom will be at lunch and look forward to meeting you.

SATURDAY AFTERNOON: WINADU SPORTS CARNIVAL!



Plan on spending your afternoon at our exciting "sports carnival" comprised of special events that you and your boys will love! We will offer several different sports contests, including: basketball shooting, soccer penalty kick, lacrosse throw, tennis, golf putting, football toss and a homerun derby. Contests will be geared to various age groups and abilities. All campers, parents and siblings are encouraged to participate in as many of these events as they choose. At each contest, raffle tickets will be awarded. At the end of the afternoon, prizes, primarily sports memorabilia, will be picked out of the raffle. During the afternoon, campers and their parents will also be able to play tennis, ping-pong, stoop ball, swim and enjoy one of our many lakefront activities.

PARENT DEPARTURE

After a fun-filled afternoon, parents will be expected to leave camp promptly at 4:30 p.m. If you have taken your son out of camp, you must be back in camp before 4:30 p.m. We require that parents leave on time, so that we can get the boys back into their camp routine as soon as possible and minimize separation anxiety.



VISITING DAY

RULES AND POLICIES

Thank you in advance for your cooperation in following the rules and guidelines that we have established for parent visiting day. Remember—we have set up these rules to benefit your children and to ensure that everyone has the best possible visiting day experience.

- Please remember that **we are a NUT FREE camp**. Please do not bring any nut products into camp.
- **No drinks of any kind** (bottles, cans, juice boxes, etc.) may be brought into camp.
- **Excessive amounts of food should not be brought into camp**. Food in the cabin draws insects, interferes with mealtime appetites and creates unnecessary friction among bunkmates.
- Bunk gifts are totally unnecessary and are strongly discouraged.
- **Please do not tip staff members**. Each staff member has signed a contract, which obligates him to refuse gratuities. A counselor who accepts a gratuity is subject to immediate dismissal.
- **Smoking is prohibited** everywhere in camp.
- **Pets are not permitted in camp**. There are no exceptions.
- **Visiting Day ends at 4:30 p.m.** All parents and family members must say their goodbyes and depart camp by 4:30 p.m.

SHELLEY'S CORNER



Healthy Competition is Good for Everyone

Is there such a thing as "healthy competition?" If so, what, exactly, is it? I am a big believer in healthy competition which, if promoted in the right way, can serve as a powerful tool for children in 1) improving sports skills, 2) enhancing self-esteem, 3) teaching important lessons about teamwork and sportsmanship, and 4) fostering a lifelong love and true enjoyment of sports.

How do we promote healthy competition at Winadu? For starters, our coaches and counselors use only positive reinforcement at all times. Campers are encouraged to make mistakes—that is how they learn and improve. Everyone is always included in a game. No one is ever left out. Additionally, all of our teams are heterogeneous—that is, each team is comprised of players of varied abilities; there are no tryouts or "A" and "B" teams. At Winadu, our goal is to use sports as a vehicle to teach boys life lessons and to build their confidence and self-esteem.

For boys who possess outstanding skills in one or more sports, we try to teach them to be sensitive to boys of lesser ability, to accept, encourage and appreciate every teammate. For boys who love sports, but who are less accomplished at this point, we try to encourage them to have fun, play their best, enjoy practicing and improving and to feel good about being part of the team. Trying one's best, having fun and being a good sport are always the most important goals at Winadu.



In summary, Winadu's primary focus is on teaching your children the importance of camaraderie, teamwork and appreciation for one another. In sports, as in life, there is always give and take; we do our best but, even then, we don't always win. If we can teach our campers to enjoy and appreciate the journey rather than focusing on 'winning the game', they will all be happier as adults.

WINADU CAMPERS TO TRAIN WITH THE PROS!



This summer, our campers will have the chance to train and play ball with some of the nation's top high-profile athletes: three professional football players and a college basketball player.

On July 17th, Winadu will welcome **Jonathan Vilma** and **Derrick Blaylock** of the NY Jets, and **Sean Landeta** of the Philadelphia Eagles. These NFL players will have lunch at camp and spend the afternoon playing football with our oldest group, the Seniors. Here are some brief bios on these three sensational football players.

JONATHAN VILMA earned all-rookie honors as a Linebacker for the NY Jets in 2005. Vilma graduated from the

University of Miami where he majored in Finance and was a two-time Butkus Award nominee. He is 24 years old and resides in Coral Gables, Florida.

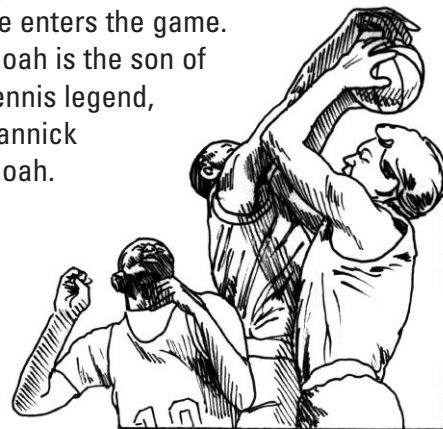
DERRICK BLAYLOCK was drafted in 2001 by the Kansas City Chiefs, where he played for four seasons. In his second season, Blaylock played in 12 games on special teams and 8 games on offense. He was traded to the Jets last year and contributed on special teams and at Running Back during the 2005 season. Blaylock resides in Blue Springs, Missouri, with his wife and 3 children.

SEAN LANDETA is entering his 20th NFL season and his 23rd as a pro and remains the longest tenured punter in history. Landeta earned two Super Bowl rings as a member of the NY Giants, and two USFL championship rings with the Philadelphia/ Baltimore Stars. He is one of only 10 NFL players with at least 1,000 punts, and also leads the NFL with the most career punting yardage (57,491) and highest average for over 1,000 punts (43.3.) Landeta currently plays for the Philadelphia Eagles. He resides in Baltimore, Maryland, and is involved in many charities, including the American Cancer Society, the Juvenile

Diabetes Foundation and the Special Olympics.

On July 29th, **Joakim Noah**, of the Florida Gators, will spend the day at Winadu, running basketball clinics for campers in all the different age groups.

JOAKIM NOAH is one of the premier big men returning in college basketball, and will play Power Forward again this year for the Gators. Noah was voted MVP of both the Final Four and the Minneapolis Region during last year's NCAA title run. He was the Gators' leading scorer in 2005-06 and set an NCAA tournament record with 29 blocked shots. Noah runs the floor incredibly well, has phenomenal shot-blocking skills as well as a nice touch around the basket. He always brings a spark to the Gators when he enters the game. Noah is the son of tennis legend, Yannick Noah.



We look forward to seeing you on Visiting Day!



MORE THAN A CAMP, IT'S A TEAM

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